

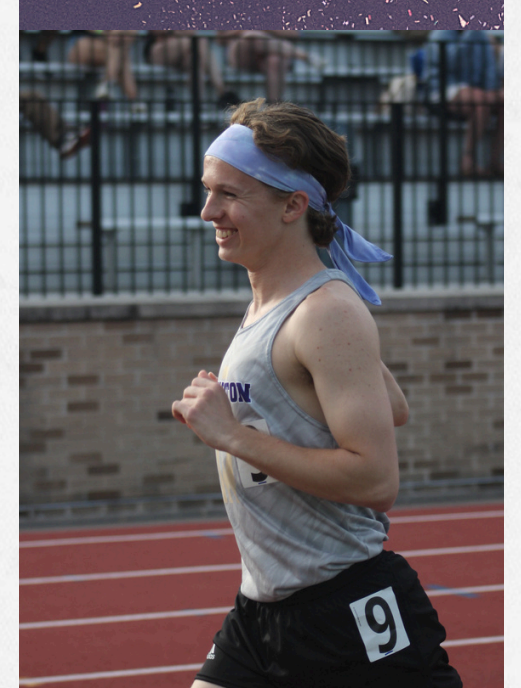
# THE SCIO GAZETTE



## SPIRIT WEEK

This year, on September 9th through the 13th, Scio held its annual Spirit Week. This week is all about dressing up for theme days; some old and some new. This year's theme days were: America Monday, Tunes Tuesday, "On Wednesdays we wear pink" day, Tie Dye Thursday, and Neon Friday. On Monday students dressed up in their American flag colors. On Tuesday, everyone dressed up to show support to their favorite music group, genre, or artist. "On Wednesdays we wear pink" day, a reference to the 2004 film Mean Girls, students and faculty wore pink. On Thursday, students got all decked out in their tie dye clothes. And finally, on Friday, everyone wore their brightest neon colors. This whole week led up to Homecoming, which took place September 14th.

## MEET OUR STUDENT TEACHERS



**MR. LYON**

**Where are you originally from?**

- I'm from Churchville, NY.

**How is college life so far?**

- It is pretty awesome actually, very enjoyable. I really like the Cross Country and Track teams and I've made lots of friends from it.

**What teacher are you shadowing?**

- "Ms. Yeager, she is so cool!"

**What is your favorite subject/content to teach?**

- Geometry proofs because I really like puzzles and brain teasers.

**If you had the chance to go to dinner with anyone, past or present, who would it be and why?**

- I'd pick Grant Fisher. He is a Bronze Olympic Medalist in both the 5k and 10k. I think it would be really cool to talk about his running journey and just talk to an Olympian in general.



**MR. TUCKER**

**Where are you originally from?**

- I'm from Fillmore, NY.

**How is college life so far?**

- "My college experience has been great so far! I have made some really good friends, I have enjoyed most of my classes, and I have participated in Cross Country and Track and Field which has been a lot of fun!"

**What teacher are you shadowing?**

- I am shadowing Mrs. Looney. It has been a great experience and she is a great mentor!

**What is your favorite subject/content to teach?**

- I have the most experience teaching writing and reading, so those are my favorite subjects to teach right now.

**If you had the chance to go to dinner with anyone, past or present, who would it be and why?**

- "I would probably choose Josh Allen. He is my favorite professional athlete and he plays for my favorite NFL team, the Buffalo Bills. It would be great to get to meet him and have a conversation about football and about what it is like to be a professional athlete."



# SPORTS NEWS



## STUDENT SECTION INTERVIEW

As the soccer season has come to an end, we take time to reflect on some of the best moments, and our student section has seen them. Here are some of the craziest things our fans have seen.  
“Cassidy spaghetti-ing in the middle of the field after kicking a ball.”  
“Nathan using the megaphone to cheer.”  
“The passion from the fans when they are upset.”  
“Getting a goal by scoring on ourselves.”  
(Varsity Girls)

## ADVICE FROM THE COACH: HOW TO BE A SUCCESSFUL ATHLETE

During my coaching career, and during my playing career, I’ve been fortunate enough to coach some great players and I’ve been able to play with some great players as well. I’ll start with this, being a successful athlete takes more than just showing up on the field, court, diamond, or track. The first step in becoming a successful high school athlete is keeping up on your academics. If you aren’t eligible and don’t keep your grades up, then you can’t play. Second, I think all of the great athletes are coachable. I know the best athletes that I’ve coached have all been extremely coachable, they knew that the coach wanted the best for them, and were willing to take what the coach was saying and run with it. Dedication is a big one too. Most athletes think they are dedicated. To be a successful athlete, you have to be dedicated to the sport you are playing, not just during the season, but you have to put in work during the offseason as well. It’s always good to join a camp in the offseason, work on your sport as an individual, and join summer league teams as well. Another key factor to becoming a successful athlete is you need to be mentally tough. During athletics, not everything is going to go your way every time. An athlete needs to be resilient, show grit, and be able to overcome adversity in the heat of the moment. Lastly, to be successful, you always have to give your 110%. When giving that type of effort, you will always give yourself and your teammates a chance to be successful.

## ATHLETES OF THE MONTH

### Varsity Boys: Noah Roberts (Sophomore)

Noah has just completed his second season of Varsity soccer. Noah has had a good attitude on and off the field and has set a good example for younger athletes in the school. A couple of things about Noah is that he is a coachable player and respects his teammates on and off the field. We are looking forward to seeing Noah on the soccer field for his junior and senior seasons.



### Varsity Girl's: Mercedes Fanton (Senior)

Mercedes has just ended her soccer career at Scio. This year Mercedes played a good outside halfback for her team. The improvement that she has made this season compared to last is night and day. During her junior year, she played rotational minutes for the team, but this year she started all 16 games that she played in and was a reliable player for her squad.





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# SPORTS HISTORY

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## Varsity Boys Soccer Team (2019)

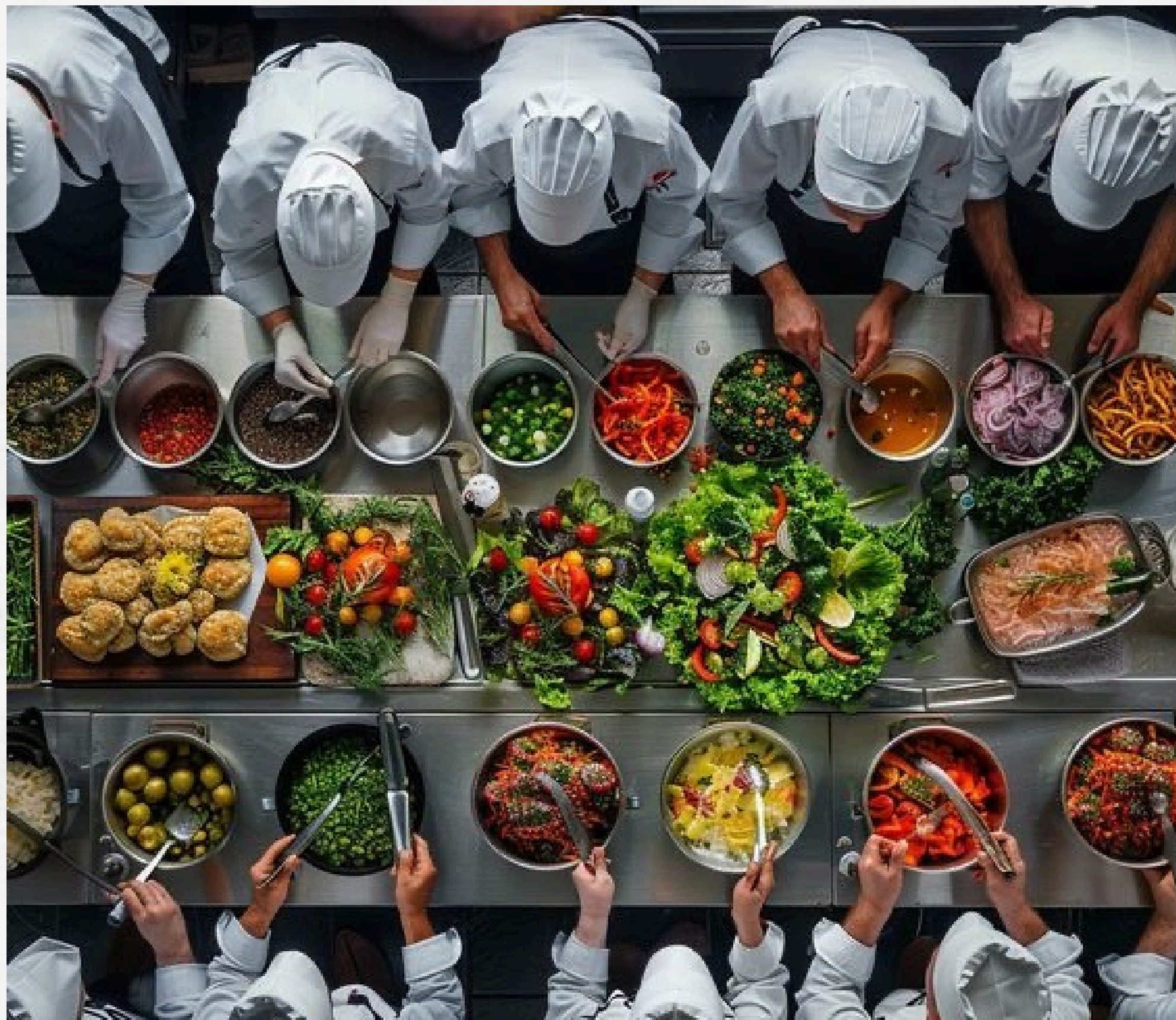
The Varsity Boys soccer team had an extremely successful season. They finished with an outstanding record of 17-3. They were co-county champions, as well as Class D-2 sectional champions. This exceptional team brought home the win and a sectional title. In fact, this was the first sectional title won in 39 years and the first sectional title for the boys soccer team in 40 years. Heres what some players had to say about their game winning season.

“I felt honored to play with a good group of people and have an excellent coach! To have the whole town rally together and support us is an amazing feeling and I was very grateful to experience it.” -Caleb Webster

“Soccer season of 2019 was great. New coach, great teammates and endless memories.” -Michael Shoffner



# ARTS & CULTURE



## A LOOK INSIDE THE CLASSROOM

By Alayna Davenport

### MRS. CARLINS COOKING CLASS

MRS. CARLIN STARTED TEACHING A COOKING CLASS JUST THIS YEAR, AND ALREADY THE STUDENTS SEEM TO BE LOVING IT. MANY HAVE EXPRESSED THEIR EXCITEMENT ABOUT THE HANDS-ON ACTIVITIES AND PROJECTS, AND SEEM TO ALWAYS BE ENGAGED IN THE SUBJECT NO MATTER WHAT THEY'RE DOING. WHETHER THEY ARE COOKING, CRAFTING, OR TALKING ABOUT HOW THEY CAN APPLY THEIR LEARNING INTO REAL LIFE, THEY ALWAYS SEEM EXCITED AND HAPPY TO CONTRIBUTE.

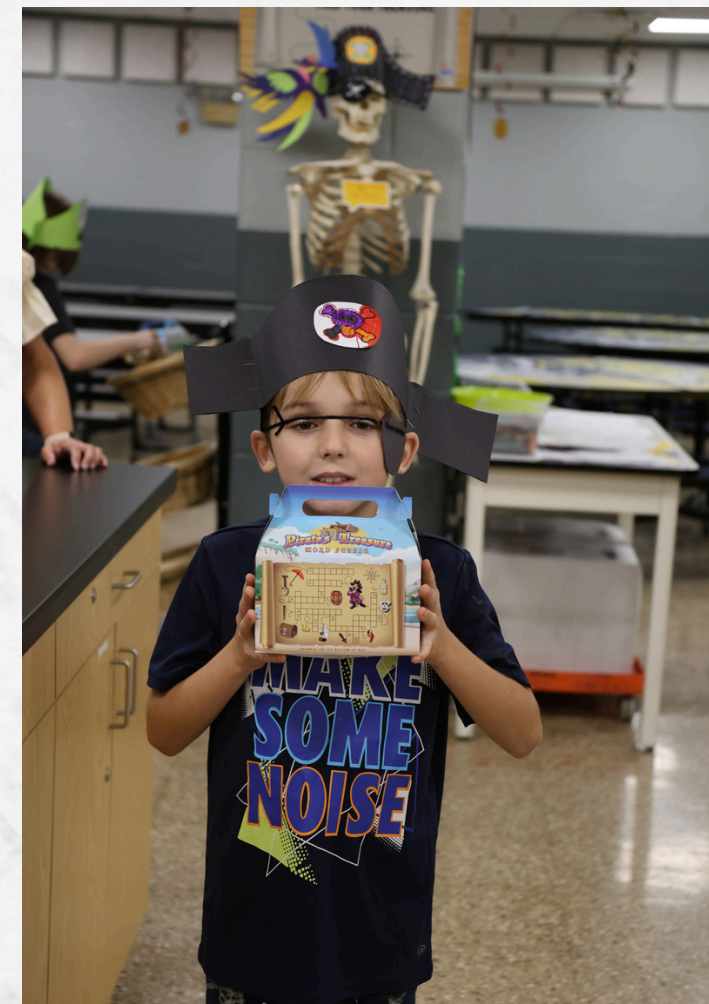
SOME OF MRS. CARLIN'S GOALS ARE TO TEACH AS MANY ESSENTIAL LIFE AND COOKING SKILLS TO HER CLASSES AS SHE POSSIBLY CAN, ALONG WITH PROMOTING HEALTHY LIVING AND FOSTERING CRITICAL THINKING ABOUT EVERYDAY LIFE CHOICES. SHE ALSO SAYS, "I TRY TO CREATE A SUPPORTIVE ENVIRONMENT WHERE STUDENTS FEEL COMFORTABLE EXPLORING TOPICS LIKE NUTRITION, FINANCIAL LITERACY, PARENTING, AND FAMILY DYNAMICS." SHE HAS ALSO BEEN LOOKING FORWARD TO TEACHING HER STUDENTS CERTAIN RECIPES, LIKE CRACK CHICKEN AND HER VERSION OF PEANUT BUTTER FUDGE SOMETIME DURING THE YEAR.

AND EVEN THOUGH MRS. CARLIN HAS STARTED TEACHING COOKING VERY RECENTLY, SHE SAYS HER FAVORITE THING ABOUT TEACHING IT IS HER STUDENTS. SHE SAYS SHE LOVES WITNESSING STUDENTS DEVELOP CONFIDENCE IN THEIR ABILITIES AND WATCHING THEM APPLY THEIR LEARNING IN PRACTICAL SITUATIONS.

## PIRATE WEEK

BY ALAYNA DAVENPORT

This year, during National School Lunch Week (October 14th-18th), our school did pirate-themed lunches and kids got to dress up to go along with the lunches. Monday was Columbus Day, so students had the day off. On Tuesday ("Don't Ye Worry, Let's Sail!") students got to wear their pajamas or comfy clothes. For "AHOY Matey!" Wednesday, students matched outfits with a friend. On Thursday, ("Shiver Me Timbers!"), students wore their craziest socks. And finally, Friday, "YO HO HO! It's a Pirates Life for Me!," students and staff dressed up as pirates.





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# HISTORY & TRENDS

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## FAVORITE HALLOWEEN MOVIES

Middle School:

-*Goosebumps*  
-*Coraline*  
-*Hotel Transylvania*

High school:

-*Addams Family*  
-*Coraline*  
-*Hotel Transylvania*

## THE HISTORY OF HALLOWEEN

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What is halloween?

When you picture Halloween in Scio, it may be a night of going door to door looking for candy or maybe it's a night filled with shaving cream pranks. Our own special version of Halloween has a bit more history than you may think. From Canada to Buffalo and upstate NY, we get our shaving cream pranks from a day referred to as 'Cabbage Night', where women would over turn cabbages to get insight into their love life, then chuck it at a neighbor's door while running away. This little game of mischief came from Scotland, and was considered a fortune telling game.

Every October 31st we get dressed in costume to either go door-to-door searching for treats or go party. It's a fun family event that as you age, changes to a friend's event. But where did this come from? The Samhain, an ancient celtic tribe, ended their harvest season with an offering to the spirits. Being the end of the harvest, October 31st was associated with death and the thinning of the veil between the living and the dead. The following day, November 1st, was considered the celtic new year. To avoid being taken by other spirits and faeries, they would dress as animals and monsters to preserve their life. While dressed up around a fire and making sacrifices to the celtic deities, it was easier to make predictions of the future due to the thinning of the veil.

As empire was taken over by empire, and word of mouth spread, so did the Samhain traditions. Some of these traditions include the day it took place on. Eventually, after going through many changes, it would come to the Pope, and he would declare that it would change to November 1st, and include all saints and martyrs. The celebration shared the bonfire, and dressing up-though the costumes were now angels and devils-and the fires no longer included sacrifices. The night beforehand was then called All Hallows Eve (the day before All Saints Day), which would later be shortened to our modern day Halloween through many variations.



# FOOD



## The Food That Bonds Us

While not everyone may be in the Holiday mood, it still has the bonus of bringing everyone together. Friends and family all thinking of what food will be there, and what they'll bring to the table. Maybe your table isn't really even a table at all, maybe it's a bonfire with paper plates balancing on your lap while the kids roast marshmallows. Whatever your Holiday or meal looks like, it is always a better time with family. On the right side of both this page and the previous, We have two of our teachers favorite recipes. Much like you, they have recipes that they hold close to their heart. For some it may be a simple dessert, or for others it may be complicated. Yet it doesn't matter the exact mechanism of the recipe, just the great memories that come from it. A food fight, perhaps. Messy children squealing in joy as their favorite food is being brought out. Food is life. Food is love. Food is bonding.

### Ravioli Soup INGREDIENTS

- 1 medium yellow onion
- 3-4 carrots
- 4 cloves garlic
- 1 tsp Italian seasoning blend (I use salt-free Mrs. Dash)
- 1 TBSP avocado oil or olive oil
- 3 cups vegetable broth
- 28 oz canned crushed tomatoes
- salt and pepper to taste (I added 1/4 tsp of each)
- 9-10 oz mini refrigerated cheese ravioli (like Buitoni) - substitute with beef ravioli
- 1/2-3/4 cup heavy cream (totally optional but super tasty!)
- 1-2 cups fresh chopped baby spinach

### OPTIONAL TOPPINGS: CHOOSE YOUR FAVORITES

- freshly grated Parmesan cheese
- crushed red pepper flakes
- fresh chopped basil

### Maple Frosted Apple Blondies

#### EQUIPMENT

9x9 square baking pan

#### INGREDIENTS

##### BLONDIES

1/2 cup (1 stick) unsalted butter, melted  
1 cup packed brown sugar  
1 large egg  
1 tsp vanilla extract  
1 tsp cinnamon  
1/4 tsp salt  
1/2 cup apple butter  
1 medium apple, peeled and finely diced (1 cup)

1 cup all purpose flour

##### MAPLE FROSTING

3/4 cup pure maple syrup  
1/4 cup unsalted butter  
2 Tbsp cream, or milk  
1 1/2 cup powdered, confectioner's sugar (substitute with powdered sugar), sifted